

THE PASSENGER

SEGMENT ONE OF THE JOURNEY



The first of four segments of The Journey, **The Passenger**, helps you understand your personal attachment style. It is essential that you understand your feelings. Your emotions do not come to you from "out of the blue" but each has an origin, and instigating experience, that produces within you thoughts and feelings about yourself and others. Your "software" was programmed by responses to your mother while developing in her womb and early interactions with your birth parents and primary caregivers. It is from these early experiences of abandonment, abuse, neglect, security or love that you developed your personal attachment style.

The Passenger explores the four attachment styles known as:

Aviodant - the protected self

Ambivalent - the fearful self

Disorganized - the shattered self

Secure - the self that is equipped to face challenges and handle risks

You will learn the influences that caused each style to develop and the resultant characteristics that effect your relationships today.

Live audio CD of the seminar: Listen to Ron and Nancy as they teach from the crucible of their lives the lessons they have learned. Experience the interaction between the Rockeys and the live audience, gain further insight as you hear their answers to questions during the seminar.

Live Seminar DVD: Experience the seminar as if you were there with the Rockeys and the audience. Listen and watch as Ron and Nancy share their story and teach the principle issues facing us today. Watch with Ron and Nancy as the audience begins to understand that all hope is not lost and that recovery and joyful living is within their grasp.

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The Journey is a road map that is easily read and designed to get you around the detours of life and the bumps in your personal experiences and relationships. Beginning this journey requires that you take a serious look at how you got to your present position - an examination of your days from conception onward. The understanding of these early connections will be your compass for the rest of your journey as you identify your own personal routes, obstacles and destination. This journey will lead you down the road to personal understanding, fulfillment and relational success

See page 2 for details on the other segments of *The Journey*.



Where knowledge merges
with understanding, creating
hope and change.

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Live Seminar Handout: The seminar handout is your roadmap through the seminar. This is a valuable companion to either the audio CD or the DVD of the seminar. Follow along with Ron and Nancy as they present the charts and graphs during the seminar.

Small Group Workbook: Gender specific small groups are the key to unlocking the mysteries of the past and opening the door to the promise of a brighter future. This is an introspective and participatory part of your journey toward recovery and healthy relationships. The small group workbook includes ten weekly lessons PLUS ten chapters of educational material. All small group participants need to have their own workbook.

Lesson Guide DVD: The lesson guide is the introduction to the weekly small group session. Each thirty minute video prepares you for the week's lesson. It is an invaluable aid to understanding what is being taught in the workbook and how it relates to your experience.

We encourage you to continue your personal healing by joining us for the remaining three segments of *The Journey*.



THE MODE

Understanding rejection and being released from its grip. All of us have experienced rejection in many different forms which drives today's behavior.



THE ROUTE

Seeking to identify the various forms of abuse and their effect on our lives today. Abuses discussed include verbal, emotional, physical and sexual. Tools will be provided to allow you to recover from the negative emotions connected to the abuse you have received.



THE DESTINATION

Experiencing complete recovery and the promise for a brighter future. You can know and relate to the Higher Power available to you for healing and for developing healthy relationships.



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